

# Founding a business in Sweden



Comprehensive information on starting a business in Sweden can be found here:

- <https://www.verksamt.se> (Swedish and English)
- <https://www.foretagarna.se/driva-eget-foretag/starta-eget-foretag/guide-till-att-starta-eget/>
- <https://www.almi.se>
- <https://nyforetagarcentrum.se>

# Legal Forms in Sweden



Founders in Sweden can choose between several legal forms:

- Aktiebolag
- Enskild näringsverksamhet
- Handelsbolag
- Kommanditbolag
- Ekonomisk förening

The main difference in legal forms is liability. Other criteria are whether to start alone or with one or more partners, and the minimum capital.

Further information:

<https://verksamt.se/en/setting-up/choose-business-type>

# Funding opportunities when starting a business in Sweden



There are various financing options for start-up projects:

- Own funds
- Bank loans
- Venture capital
- Business angels
- Public funding
- Crowdfunding

Here you will find information about funding possibilities:

- <https://verksamt.se/en/financing-business-advice/financing-your-start#forms-of-financing>
- <https://arbetsformedlingen.se/for-arbetssokande/extra-stod/stod-a-o/starta-eget-stod-till-start-av-naringsverksamhet>

# Copyright protection in Sweden



You have a business idea and want to protect it from imitators:

<https://verksamt.se/en/intangible-assets/copyright>

<https://www.prv.se/en/copyright/>

# Organizations that offer support and advice in Sweden



- <https://verksamt.se/>
- <https://www.almi.se/en/>
- <https://midchamber.se>
- <https://www.swedenabroad.se/en/about-sweden-non-swedish-citizens/business-and-trade-with-sweden/>
- <https://nyforetagarcentrum.se>
- <https://www.business-sweden.com/sv/>
- <https://enterpriseurope.se/in-english.html>
- <https://www.prv.se/en/about-us/contact/>
- <https://www.skatteverket.se/>
- <https://www.tullverket.se/en/startpage.4.a62602917de14e432714e9.html>



# Regional support organizations in Mid- Sweden



- <https://midchamber.se>
- <https://www.nyforetagarcentrum.se/jamtland>
- <https://www.nyforetagarcentrum.se/sundsvall>
- <https://businessregionmidsweden.se>
- <https://bizmaker.se>
- <https://peakinnovation.se>
- <https://www.rvn.se/sv/utveckla-vasternorrland/stod-och-finansiering/foretagsstod/>
- <https://www.regionjh.se/regionalutveckling/foretagsochprojektstod/foretagsstod.4.15591b8415700f7566b43c6a.html>

# Checklist for starting a business



- <https://verksamt.se/starta-foretag/checklista> (Swedish)

# Contacts and Networks in the regions of Jämtland Härjedalen and Västernorrland



Overview of networks:

- <https://businessregionmidsweden.se/natverk/>
- <https://www.foretagarna.se/regioner/vasternorrland/>

Source: <https://www.gruendungsregion-niederrhein.de/ansprechpartner/>



# Start-up team at Mid Sweden University



## MIUN innovation:

- Consulting & Coaching to employees and students
- Networking & inspiration
- Interesting facts & workshops

Link: <https://www.miun.se/medarbetare/forskning/miuninnovation/>